



*Sri Aurobindo Society*  
Creating the Next Future

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HIGHLIGHTS OF EVENTS & ACTIVITIES 2023-24

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The world is preparing  
for a big change.

Will you help?



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SPIRITUAL SIGNIFICANCE  
OF THE HEDGE CACTUS IS  
'FORTUNE'

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*Sri Aurobindo Society*  
Creating the Next Future



**Sri Aurobindo Society (SAS)** is an international not-for-profit NGO, which has been recognized by the Government of India as a Charitable organization and as a Research institute.

With its headquarters in Puducherry, Sri Aurobindo Society has over 300 Branches and Centres in India and abroad. SAS welcomes participation from all those who want to work together for a better tomorrow, with no distinction of nationality, religion, caste or gender.

SAS organizes programmes and initiatives that seek to bring dynamic spirituality into material life and all its activities. With multi-dimensional focus on Action Research, SAS is setting up models, centres of excellence and training institutes that are sustainable, scalable and replicable.

*A new consciousness  
A new society  
A new world*

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## 2023-24 SPECIAL FOCUS



### UDITAM-INSTITUTE OF INTEGRAL HEALING (IIH)

In July 2024, the Sri Aurobindo Society in Pondicherry launched IIH, emphasizing holistic well-being—addressing physical, emotional, and mental health within spiritual awareness. Differentiating from typical wellness spots, IIH integrates established yoga and spiritual practices for comprehensive health, blending ancient insight with contemporary approaches to nurture holistic wellness.



### ATHLETIC MEET FOR ELDERLY VILLAGE WOMEN

With expert trainers leading, more than 150 women aged 40 to 85, participated in diverse sports events hosted at Thiruvannamalai. Over 50 elderly women were awarded prizes. This initiative fostered social inclusion, enhanced physical health, and bolstered community spirit, bringing joy and dignity to underrepresented women.



### SYMBOLISM AND SPIRITUAL SIGNIFICANCE OF SIDDHAS

AuroBharati, in collaboration with Puducherry's Department of Tourism and Department of Art and Culture, organized an International Conference as part of the Siddhas research project. The event featured Chief Minister Thiru N. Rangaswamy, Tourism Minister Thiru K. Lakshminarayanan, and several spiritual leaders speaking on the significance of Siddhas.



## SRI AUROBINDO: A NEW DAWN

Sri Aurobindo Society's award-winning animated film, honouring Sri Aurobindo's 151st birthday, celebrates his life through youth-driven creativity. This project aims to inspire by blending passion with India's creative prowess, using animation effectively.



## SHARANAM WINS 2024 RIBA INTERNATIONAL AWARD!

The Sharanam Centre for Rural Development, part of our SARVAM initiative, designed by British architect Jateen Lad, has won the prestigious Royal Institute of British Architects (RIBA) International Award for Excellence. Sharanam is among the first modern Indian buildings to receive such recognition for its "exceptional beauty, functionality, and tranquillity."



## STREET THEATRE

Svarnim Puducherry, participating in Water Fest 2024, has been focusing on pond restoration in Pondicherry. The initiative started in Manapet with the support of the Mahindra Group. Awareness was raised through street plays titled "Pothu Sothu," reaching 20 villages and highlighting the importance of water conservation and sustainable practices.



## YOUTUBE & SPOTIFY

AuroMedia, the media wing of the Sri Aurobindo Society, presents a cherished assortment on YouTube and Spotify. The collection includes endorsed talks, films, conversations, and images spotlighting early Ashram life in Pondicherry. While on Spotify, find enriching recitations of poems by Sri Aurobindo, Ashram poets such as Amal Kiran and Harindranath Chattopadhyay apart from a few *Renaissance* journal episodes.

## SVARNIM PUDUCHERRY GOLDEN PONDICHERRY

*A Holistic Approach to Making Pondicherry a Model State*

*Svarnim Puducherry, or Golden Pondicherry is an initiative to build Puducherry as a model state, carrying the spirit and consciousness of true India in its foundation. In concept, design and implementation of each of its components, Svarnim Puducherry aims to express a pursuit for perfection, beauty, unity and creativity and a realization of the highest of all human values.*

*Svarnim Puducherry is a collaborative effort involving individuals, organizations, state government, central government, NGOs, corporates and institutes who harbour similar vision about the state and about India. We invite participation in any form and in any field, from individuals as well as organizations and groups to make it a truly inclusive endeavour.*



### School Health Action Research Project (SHARP)

SHARP promotes nutrition, fitness and health among students from Class 5 to Higher Secondary schools through various awareness and intervention activities.

### STEM – Experiential Learning of Science Concepts

The STEM Resource Centre provides hands-on science learning in rural government schools, engaging students through mobile labs and group activities.

**5650+**  
CHILDREN



### Bridge Education Centres

A two-day training programme aimed at improving math, language skills and comprehension for students from 43 government schools in Bahour commune.

### Robotics & Dynamic Toys

The project aims to introduce children to innovative concepts in electronics and robotics and improve their skills in electrical and electronics.



**ORC – Our Responsibility to Children**

ORC aims to reduce juvenile crime in Pondicherry by training teachers to identify at-risk children, offering life-skill training through Smart40 initiative.



**WATER FEST '23**

A seven week-long water festival 'Neer Kudam Yatra' was organized to honour our relationship with water. As part of this festival, school children took a pledge to adopt nearby water bodies and uphold their pristine state.



**Harmony Of Water Conference '24**

A conference aimed to address water conservation, ecosystem restoration and sustainability with national-level experts, research scholars, conservationists, activists and students.

**Schools Eco Campus (above)**

The Eco Campus Initiative seeks to encourage a green lifestyle in government schools by installing kitchen gardens, medicinal gardens and rainwater and greywater collection systems.

**Handicraft Training Fostering Self-Reliance (below)**

Svarnim Puducherry's Handicraft Training Programme empowers Bahour women, fostering entrepreneurship and addressing water hyacinth concerns for sustainable livelihoods.

65

WOMEN TRAINED FOR HANDICRAFTS



# TRANSFORMING GOVERNMENT SCHOOLS EDUCATION

Rupantar

*True education nurtures the body, refines the emotions, sharpens the mind, and harmonizes the spirit, leading to a life of freedom and joy.*

Grounded in the principles of the National Education Policy (NEP) 2020 and in harmony with India's commitment to Sustainable Development Goal (SDG) 4 by 2030, Rupantar is committed to ushering in a holistic and empowering transformation in the education sector. This initiative focuses on enhancing the skills of teachers and enriching students' learning journeys to ensure a holistic educational transformation.



## Remedial Intervention

*Inclusion of Children with Special Needs*

The Center of Excellence offers essential remedial intervention for children with diverse learning needs, provides training to teachers, enhances resources, and supports the effective inclusion of Children with Special Needs (CWSN).



150+

KVS TRAINING CONDUCTED

400+

TEACHERS TRAINED

## Partnership with Kendriya Vidyalaya Sangathan (KVS)

*A Collaborative Journey Towards Enhanced Learning and Teacher Development*

Partnering with KVS, the initiative aims to enhance students' educational experiences, improve learning outcomes, and advance KVS teachers' professional growth, fostering a dynamic and supportive environment in all Kendriya Vidyalayas nationwide.

## FELICITATION OF TEACHERS

Rupantar acknowledges teachers' dedication by hosting state-level felicitation events, celebrating and honouring their contributions to transforming education.



Mr. V. N. Masthanaiah, Director, SIEMAT, Andhra Pradesh, Samagra Shiksha



Shri Sanjay Kumar Singh, IAS, Secretary School Education and Literacy, Ministry of Education, GoI and Smt. Nidhi Pandey, IIS, Commissioner, KVS, light the ceremonial lamp at the conference organized at Sri Aurobindo Society, Raiwala, symbolizing their commitment to transforming education through Rupantar's initiatives.





# 10,000+

SCHOOLS SUPPORTED

# 34 L+

STUDENTS IMPACTED

## Auro-Project Based Learning (PBL)

*Nurturing 21st-Century Skills through Experiential Learning*

Auro PBL aligns with NEP 2020 and NCF, using 125 FLN-based booklets to foster 21st-century skills through child-centric, inquiry-driven, values-based, multilingual learning focused on critical thinking and collaboration.



# 75,000+

TEACHERS EMPOWERED

## Project Inclusion

*Empowering Teachers, Bringing Inclusion in Classrooms*

Project Inclusion strives to create an inclusive learning environment where every student, regardless of their learning difficulties, can thrive.

## Competency-Based Learning (CBL)

*Shaping Proficiency, Critical Thinking, and 21st-Century Competencies*

CBL prioritizes demonstrating learning outcomes and subject proficiency, fostering 21st-century skills like conceptual understanding, higher-order thinking, and evidence-based reasoning through experiential, inquiry-driven lesson plans.

## Supporting Prathmik Shikshan Parishad

*Empowering Education in Maharashtra*

Rupantar demonstrates unwavering commitment, professionalism and expertise while extending its support to Maharashtra Prathmik Shikshan Parishad. The team contributes to the Swadhyay programme by crafting assessment items for grades 4 to 8 in EVS, English, Science and Mathematics in both English and Marathi.



## AuroScholarship

CRAFTING PRE-BOARD QUESTION PAPERS

Rupantar contributes to the State Institute of Education, DoE, Shiksha Sadan, Andaman and Nicobar Islands, by meticulously creating two sets of Pre-Board Question Papers for 10th and 12th classes, complete with detailed marking schemes.



# 15L+ 54L+

STUDENTS  
ENGAGED NATIONWIDE

ASSESSMENTS  
COMPLETED

## INCENTIVIZE STUDENT LEARNING

A radical education transformation programme that provides useful insights of students learning through mobile apps and enables teachers to measure the effectiveness of their teaching.

# EDUCATION FOR A NEW FUTURE INTEGRAL EDUCATION

*Sri Aurobindo Foundation for Integral Education & Research (SAFIER)*

*SAFIER strives for an Integral Education which fosters in each child the attributes and values of a responsible, capable, active and giving member of the family, the society, the nation and humanity, at large.*



## Teacher Training Workshop

Teachers of Auroschool at Jodhpur were guided through Awareness Games, Meditation and Inspirational Talks and experiential activities based on IE approach.



## Kolam Yoga

Participants explored Kolam's role in Integral Yoga. Our six-month Foundation Course delved into Kolam's symbolism.

## Spreading Integral Education

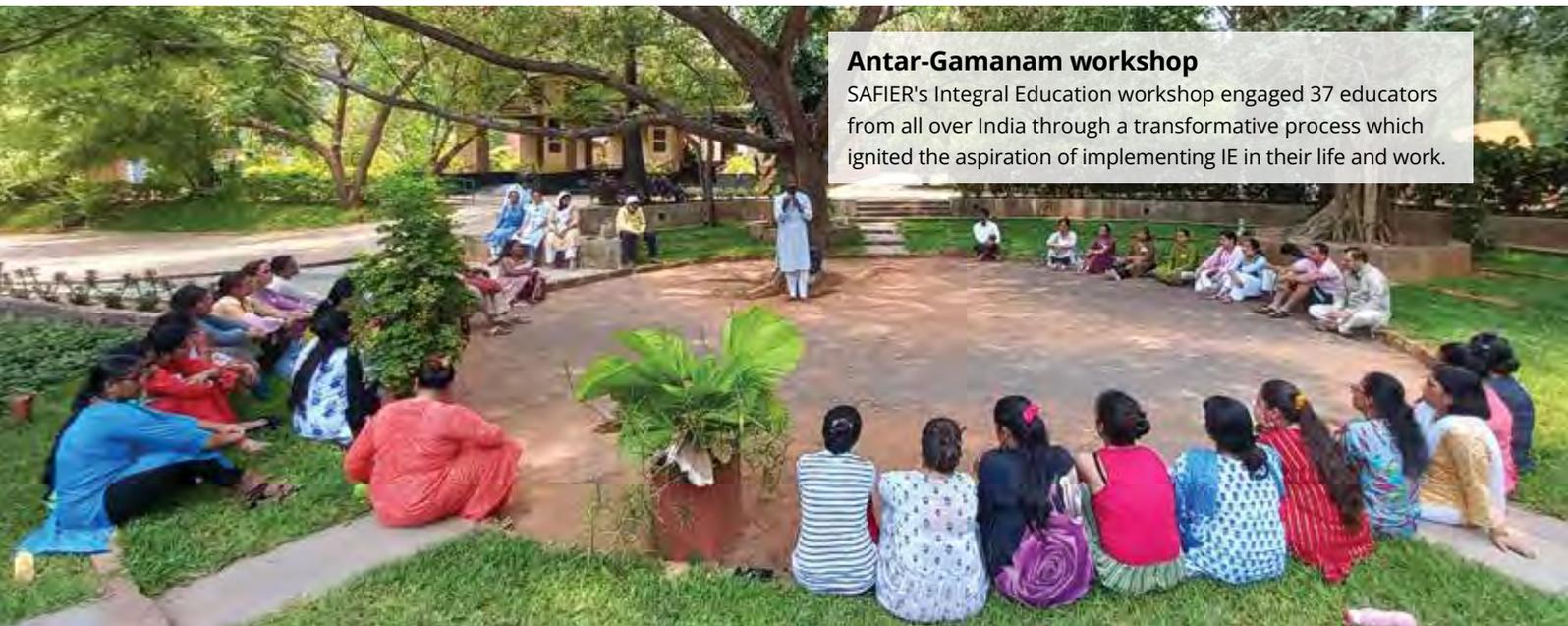
*Bejon Desai Foundation (BDF)*

BDF has been collaborating with Sri Aurobindo Society to promote Integral Education. BDF's team underwent extensive training by SAFIER, conducting workshops and 'Anubhuti-Teach by being it' professional development courses, impacting over 120 teachers from 30 schools in Nashik, fostering Integral Education principles envisioned by Sri Aurobindo and the Mother.



## Antar-Gamanam workshop

SAFIER's Integral Education workshop engaged 37 educators from all over India through a transformative process which ignited the aspiration of implementing IE in their life and work.





## YOGA FOR SELF-PERFECTION

### ALL LIFE IS YOGA

AuroYajna

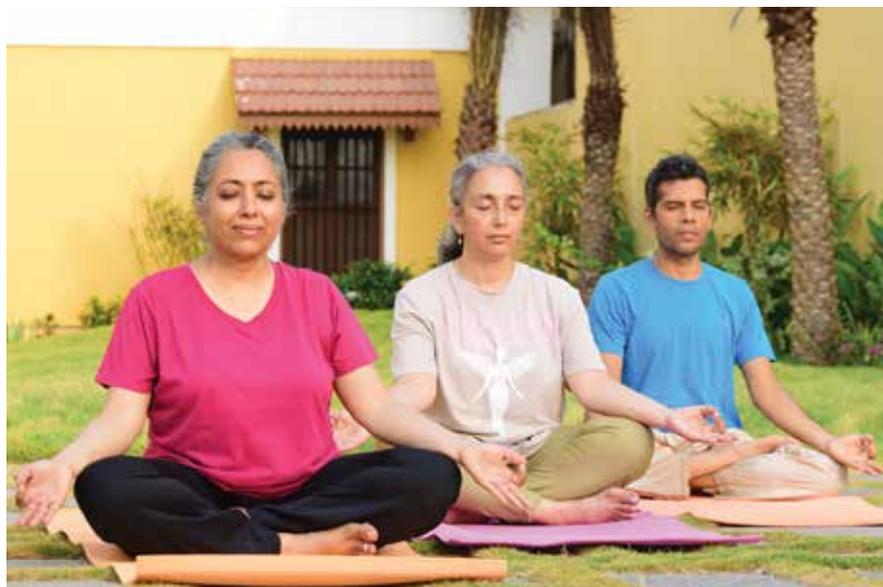
*AuroYajna integrates traditional Yoga practices like Yogasanas and Pranayama into Integral Yoga. Our vision is to design programmes and workshops catering to students, trainers, rural communities and all health enthusiasts. A notable project focuses on prenatal education, aiming to empower young mothers on conscious parenting.*

"Towards Self-Perfection" is an ongoing monthly workshop series hosted by AuroYajna, our dedicated vertical for Integral Yoga. Since July 2021, we have conducted many workshops focusing on various aspects of human health through the lens of Integral Yoga. Topics have included "Yoga of Digestion," "Yoga for the Heart/Cardiovascular System," "Yoga for Neurological System," "Know Thyself," "Peace in the Physical" and "Boosting Immunity through Yoga," among others.

Each workshop delves into both individual and collective health, aiming to promote overall well-being. These workshops explore the intricate relationship between mental states and physical health, offering practical techniques and insights for holistic well-being.

#### Yogic Practices

Yogic practices enhance physical, mental and emotional well-being through asanas, pranayama and meditation, fostering holistic health and inner peace.



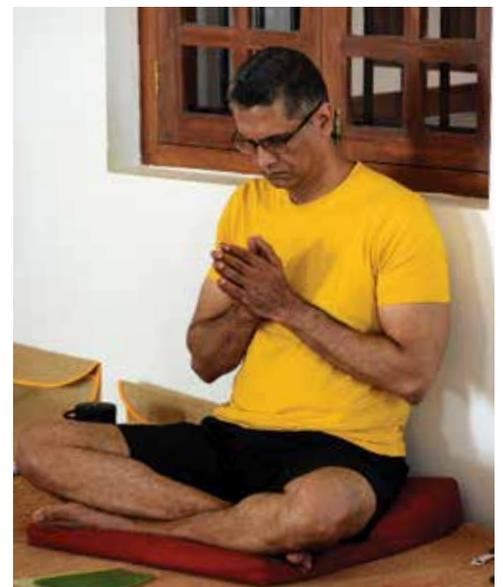
#### Spiritual Healing

Our spiritual healing workshop, conducted as part of Integral Yoga, offered holistic rejuvenation, inner peace and self-discovery, transforming lives.



#### Sadhana of the Body

The participants focus on achieving spiritual growth and harmony through disciplined physical practices, connecting body and consciousness.





## GLOBAL CENTRE FOR INTEGRAL YOGA A DIVINE LIFE IN A DIVINE BODY

*UDITAM Institute of Integral Healing*

*Institute of Integral Healing (IIH) aims to synthesize the essence of all the yogic disciplines including Patanjali Yoga Sutras, Hatha Yoga Pradipika, Gheranda Samhita as a means to attain the Yoga of self-perfection in the light of Sri Aurobindo's Integral Yoga towards a better and more purposeful way of life, in all its aspects.*

### **UDITAM-THE INSTITUTE OF INTEGRAL HEALING (IIH)**

Sri Aurobindo Society has dedicated its unique 'Uditam-The Institute of Integral Healing' to focus majorly on an individual's three-fold well-being namely, the physical, the emotional and the mental. It focuses on physical, emotional and mental harmony, illuminated by spiritual consciousness. Our focus on 'spiritual consciousness' will be that crucial difference between a usual wellness centre and IIH.

Our effort will be to realize this goal through various tried and tested yogic and spiritual processes and activities which have proven effective.

The Institute of Integral Healing is located at MatriNiketan, the beautifully restored heritage building facing the sea in Pondicherry. This magnificent sustainable building with high roofs, wooden and Spanish floors and chandeliers provides an ideal backdrop for the centre's activities.

The objective of the Institute of Integral Healing is inspired by Sri Aurobindo's quote, "All Life is Yoga." IIH is encouraged by this promise which serves as the very foundation for all our activities.



### **Heritage Healing Haven**

MatriNiketan stands as a testament to history and a haven of wellness. The beautifully restored heritage building, facing the serene ocean, is where the Institute of Integral Healing finds its home. It is brought to life, offering a unique blend of heritage, sustainability and a healing ambience.



## HOLISTIC PRACTICES @ UDITAM

*Integral health Proven age-old practices*

### Yogasanas & Bandhas: Postures

Refine your physical self and achieve deeper well-being through specific postures. Balancing asanas fortify muscles and joints, creating harmony between body and mind.

### Pranayama: Harnessing Life Force

Pranayama orchestrates breath, enriching the self with heightened oxygenation, harmonizes emotions, and fosters equilibrium, promoting integral well-being.

### Tratak: Focussed Gazing

Tratak sharpens focus and concentration through single-point gazing, enhancing vision and eye health. It alleviates stress and anxiety, augmenting the effects of yoga asanas and breathing.

### Meditation: Awakening Oneness with the Divine

Meditation stabilizes emotional, mental and physical consciousness, through quiet repetition of a mantra.

### Yoga Nidra: Deep Rest & Rejuvenation

Conscious sleep rejuvenates the mind and body. Reading something uplifting before sleep enhances the consciousness.

### Eating Right: Yogic Eating

Invoke peace into your food. Proper chewing supports digestion.

### Shava Asana: Thought Sleep

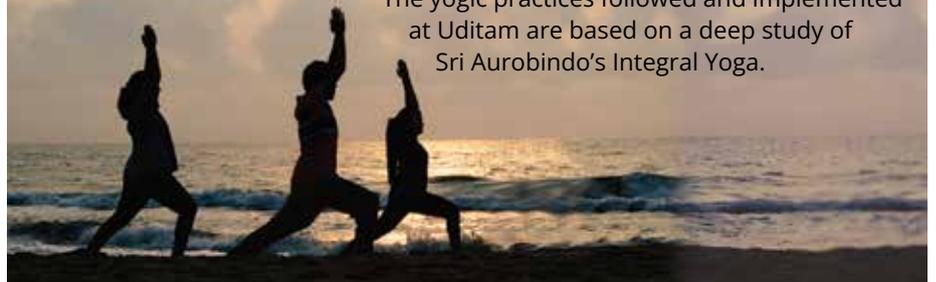
Relaxation through Shava Asana quieten the mind, allowing deeper self-connection.

*Good health is not just the absence of illness.*

## WHAT IS YOGA?

At its very core, the term 'Yoga' means our union with our inner being. It implies our union with the Divine presence seated deep within us. For example, asanas done in union with the Divine Consciousness are Yogasanas.

The yogic practices followed and implemented at Uditam are based on a deep study of Sri Aurobindo's Integral Yoga.



## RURAL DEVELOPMENT

### THE POWER TO DREAM, THE WILL TO REALIZE

*Sri Aurobindo Rural & Village Action & Movement (SARVAM)*

*SARVAM works for a progressive, empowered village community, which takes responsibility for bringing a change in their lives and thus becoming a dynamic part of the nation's evolution and growth. The approach is integral and inclusive, touching every person and every aspect of village life.*



#### Health Care programme

*Benefitting over 12,000 Villagers*

SARVAM conducted awareness programmes and health camps. The primary aim was to address fundamental health issues prevalent in the region.



#### Empowering Adolescent Girls

*Goal-Setting Workshops*

The workshops guided students in developing actionable plans, a crucial skill for those from rural backgrounds who may struggle to articulate their ambitions.



#### Livelihood

*Entrepreneur Development Training*

Offered in 12 batches to more than 500 women, this programme has helped in a significant increase in the number of women who started their own businesses.

# 40

VILLAGES COVERED

# 1000

STUDENT BENEFICIARIES

# 25,000

HEALTH AWARENESS TRAINING

# 12,000

NUTRITION AWARENESS TRAINING

#### FAMILY HEALTH WITH JIPMER DOCTORS

The JIPMER Department of Preventive & Social Medicine collaborated with SARVAM to establish the Family Health Advisory Programme. Doctors engaged with coordinators, addressing general health issues and promoting preventive healthcare. SARVAM played a crucial role in tackling health challenges.





## ELECTION AWARENESS MARATHON

*By senior women from the villages*

More than 750 senior women participated in an election awareness marathon. The marathon catalyzed informed decision-making and active participation in the electoral process. The marathon raised awareness about the importance of voting and participating in elections.

## FIRST GIRL TO GET ADMISSION AT AIIMS, HYDERABAD

*Admission at the All India Institute of Medical Sciences*

T. Vanisri, aided by SARVAM's scholarships, completed her nursing degree and secured a nursing officer position at AIIMS in Hyderabad. Remarkably, she is the first unmarried female in her village to work outstation. While her family and fellow villagers celebrate her, SARVAM continues supporting underprivileged students, especially girls.



## Community Radio Recognition

Our Community Radio, Pudiya Udayam, received a prestigious award from the Commonwealth Educational Media Centre for Asia (CEMCA). Smt. Tamilisai Soundararajan, former LG of Puducherry honoured the award winners.

## VULNERABLE AND MARGINALISED



## Refresher programme for 1,000 widows and seniors

Widows encounter unequal inheritance rights, risking the loss of their land, eviction from their homes, or even separation from their children. SARVAM successfully executed many refresher programmes for vulnerable widows.

## INDIAN CULTURE SPIRITUALITY IS THE ESSENCE

### *AuroBharati*



*Indian Culture has made a unique and unparalleled contribution in every field of human activity—religion, philosophy, science & technology, architecture, music, dance, arts, trade and commerce. Its basis has been Spirituality, along with a powerful rational, ethical and aesthetic mind, combined with prolific creativity.*

*AuroBharati strives to rediscover these truths and their application in modern life and times. It tries to evoke among the youth a great love for India, a pride in their heritage and an aspiration and will to create an even greater future.*

### **Life and Works of Sri Aurobindo**

Thiru K. Lakshminarayanan inaugurated a two-day conference, in collaboration with the Department of Art and Culture, Government of Puducherry, to commemorate Sri Aurobindo's 150th birth anniversary.

### **Devavani-Sanskrit Radio**

'Devavani AuroBharati Sanskrit Radio,' is an online platform sharing profound spiritual, philosophical and literary knowledge integral to Indian cultural heritage. This digital collection of audio materials aims to communicate the messages enshrined in ancient scriptures, fostering understanding of cultural roots and ancient knowledge systems.

### **Bal Samskriti: Towards Creativity & Integral Development**

Children eagerly anticipate this annual celebration, which aims to foster creativity and holistic growth, while parents value its focus on their children's development.





## INDIA-FROM PAST DAWNS TO FUTURE NOONS

*BhāratShakti*

### Invoking Shakti: The Divine Feminine

The four-day workshop engaging 350+ students aimed to explore and celebrate the concept of the Divine Feminine in Indian culture through various educational and creative activities.



### Worship of the Divine Mother in Integral Yoga

A paper was presented at the International Seminar on Tantric Religion, hosted by Pondicherry University. It explores the veneration of the Divine Mother within the framework of Integral Yoga, highlighting its spiritual significance and the transformative impact on practitioners' lives.



### Conscious Eating and Cooking

A bilingual 20-poster exhibition on Conscious Eating and Cooking, featuring quotes from Sri Aurobindo and the Mother, drew 200-250 visitors, including over 60 students.

RENAISSANCE  
MONTHLY  
E-JOURNAL

548  
ARTICLES PUBLISHED

### Social Philosophy of Sri Aurobindo

Pondicherry University launched a postgraduate course on Sri Aurobindo's Social Philosophy, aimed to deepen understanding of societal evolution and consciousness.



### Sanskriti Svādhyāya

A three-day workshop for 70 teachers from The Creative School, Karnataka, aimed to deepen teachers' understanding of Indian culture and foster personal growth for better educational practices.



# SUSTAINABLE DEVELOPMENT INNOVATION AND EVOLUTION

*Architecture, Agriculture & Ecology*

*For meaningful and long-lasting progress, science, technology and ecology have to be synthesized with Sustainability and Spiritual values, in the service of humanity.*

## AUOKRISHI

*Nurturing Health, Cultivating Knowledge*

By embracing natural farming techniques, this self-sustaining farm imparts advanced farming skills and best practices from around the world. Aiming to establish its own seed bank, the farm is also evolving into a Farmers' School, cultivating the next generation of agricultural knowledge.

## AUROVANAM

*Ecological Rehabilitation | Nature Lab*

A regenerated forest is the best place to create a laboratory, a place where people and the natural world can combine in a space of deep learning and awareness. Here is a place where we can listen in stillness and celebrate the weaving of threads of a deep spiritual, cultural and natural heritage.

## Nature walks

Environmental Education at AuroVanam involves a direct experience with the environment which helps a child to learn meaningfully. This develops in children, connection and appreciation for all forms of Nature.

ECOLOGICAL  
REHABILITATION  
**AuroVanam**  
NATURE  
LAB



## Seed Bank

Visitors to the Seed Bank find and explore a variety of vegetables, diving into the rich world of biodiversity.



## From the soil to school

A farm's transformation into a thriving Farmers' School, nurturing the next generation of organic sustainable agricultural pioneers.



## MatriKunj

Our 43-acre land with livestock and medicinal herbs is an Organic Certified Farm adhering to established organic farming standards.



## Nature Lab at AuroVanam

The Nature Lab offers children hands-on experiences with nature, teaching them about the local bioregion through interactive learning and exploration.



## SHARANAM WINS INTERNATIONAL AWARD FOR EXCELLENCE 2024

The Sharanam Centre for Rural Development, part of the SARVAM initiative, designed by British architect Jateen Lad, has won the prestigious RIBA International Award for Excellence 2024, one of architecture's highest global accolades. Sharanam is among the first modern Indian buildings to receive this recognition. Entirely hand-built by local people using the red earth, the environmentally sensitive design transformed the ecologically damaged site into a place of beauty, tranquility and well-being. The judges praised Sharanam's "exceptional beauty, functionality, and tranquility," considering it a "world-class exemplar" of architectural innovation, sustainability and quality, citing it as an outstanding response to social, cultural and environmental challenges.

## AUROSACE

### *Sustainable Architecture*

SHARANAM is a distinctive facility housing the Training Centre for Sustainable Transformation. This structure exemplifies our commitment to harmonizing design, concept, materials, environment, process and people. As one of India's greenest campuses, it stands as a testament to sustainable architecture.

Our campus is designed as a training and educational hub, with a residential complex and extensive amenities. It integrates ecological and energy-efficient principles, providing a model for sustainable living and learning.



# HEALTH HARMONY BETWEEN BODY, LIFE, MIND & SOUL

*Sri Aurobindo International Institute for Integral Health and Research (SAIIHR)*

*Despite quantum leaps made by modern medical science, the realization of perfect health and wellness is still out of humanity's reach. Our focus needs to shift from a narrow illness-centred approach to something deeper and more holistic, where the body, the emotions, the thoughts and the Self are all in harmony. Sri Aurobindo International Institute for Integral Health and Research (SAIIHR) is working with this approach to research applying new ways of enhancing health and healing and curing illness through a synthesis of modern and traditional methods.*

## SRI AUROBINDO CENTRE FOR HOMEOPATHY (SACH)

*Immunity Building*

SACH operates a homeopathy clinic that not only provides treatments but also engages in research and health education to promote holistic wellness for everyone. SACH regularly distributes homeopathic medicines to boost immunity. Ongoing clinical studies focus on the treatment and management of Type 2 Diabetes Mellitus, keloids and Thalassemia Minor. Additionally, research is being conducted to explore the effectiveness of Yoga, Pranayama and Mantrochar in curing comorbid diseases.



**4870+**

PATIENTS TREATED  
WITH HOMEOPATHY



## HOMEOPATHY AS A CURE for Thalassemia Minor

"Homeopathy transformed my life with Thalassemia minor. My energy levels improved, and the anaemia symptoms eased significantly. I'm grateful for this gentle, effective treatment that supports my overall well-being."

~ A Patient



## NAMAH

*The Journal of Integral Health*

NAMAH is a leading, peer-reviewed, internationally indexed journal focusing on the integration of body, mind and spirit. It explores the influence of the spirit or soul on psychology and health from a holistic perspective. In alignment with these principles, NAMAH regularly organizes a variety of workshops, providing participants with immersive experiences available both live and online.

**39+**

WORKSHOPS

**1155+**

PARTICIPANTS

**110+**

FACILITATORS



## AURO CENTRE FOR PUBLIC NUTRITION, PUBLIC HEALTH AND PUBLIC POLICY (ACPN)

ACPN strives to foster and advance initiatives that focus on imparting education, raising awareness and disseminating information to diverse groups regarding the interconnected dimensions of public nutrition, public health and their influence on education and public policy. This includes creating and distributing educational materials to communities at the grassroots level as well as educational institutions.

### ACPN Campaign for Health

Field feedback shows sustained behavioural changes in 600 households, adopting balanced diets and hygiene practices, significantly improving family wellness and energy levels.



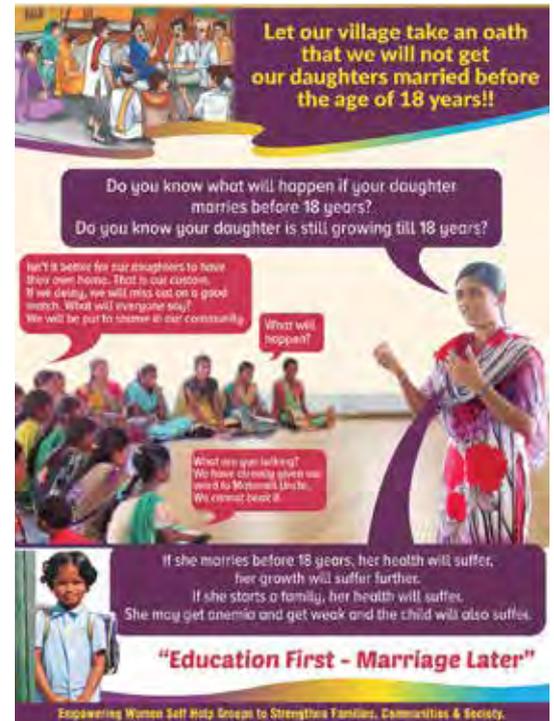
### School Awareness Programme

This programme in 11 villages inspired children to improve diets, sanitation and health, with strong community support.

## CHILDREN WITH SPECIAL NEEDS EVERY CHILD IS SPECIAL

*Arohan*

*AROHAN is an initiative to build capacities of primary caregivers, special educators and parents on providing care, therapy and education through the early intervention programme.*



### Empowering Villages

*Education, Marriage and Infant Health*

Village self-help groups play an active role in curbing school dropouts, preventing early marriages among girls, and promoting proper infant feeding.



### Transformed Life

Sukumar, once confined by cerebral palsy, now navigates the streets independently in his wheelchair, relieving his family and aiding his mother with errands.

### Sakthi's Struggle

Thirteen-year-old Sakthi faces life's challenges with a brave heart. Despite being born prematurely and having unique abilities, she brings joy to her devoted parents, who work hard to provide for her. SARVAM volunteers are there to lend their unconditional support whenever she needs it.

## PALLIATIVE CARE AN INTEGRAL APPROACH TO END-OF-LIFE CARE

SANJEEVAN

*Palliative care involves treating the symptoms, discomfort and stress of old age and life-threatening illnesses.*

Sanjeevan is an inspirational model of comprehensive community-based home care for the incurably and terminally ill, chronically bedridden and the elderly, which takes care of their physical, psychological, social, emotional and spiritual needs.

### Community Sensitization Programme

#### *Empowering Compassionate Support*

The primary goal of these sensitization programmes is to raise awareness and educate the community about the importance of palliative care. By providing training to volunteers, these programmes aim to enhance the quality of life for individuals with life-limiting illnesses.

#### Comforting Home Care

During these visits, the palliative care team assess and manage symptoms such as pain ensuring that the patient is as comfortable as possible.



### Foundation Course on Palliative Care

Around 30 doctors from Pondicherry and nearby hospitals attended a two-day Palliative Care Foundation course, covering communication skills, psychosocial assessment, grief support and community involvement.



### Empowering Healthcare Volunteers

Empowering healthcare volunteers by providing them with essential skills for delivering compassionate and effective end-of-life care, ensuring they offer valuable support during this critical phase of patient care.

### FLAME BURN INJURY



Sakkaravarthi, one of our palliative care patients, reunited with his wheelchair-bound friend, thanks to Sanjeevan's initiative. Despite physical limitations, they enjoyed a heartfelt reunion, highlighting the power of friendship beyond words.

**86K+**  
HOME VISITS

**2495+**  
PATIENTS REACHED

**500+**  
DOCTORS/NURSES TRAINED

**185+**  
OPERATING IN VILLAGES

## PRISON REFORMATION AUROMODEL PRISON

*Puthiya Nambikkai, A New Hope*

*An initiative to transform prisons into centres of holistic rehabilitation of the inmates involving their families and the prison staff.*

### **Transformative Yoga: Inmates' Journey to Wellness**

Yoga at the central prison drives remarkable change, held six days weekly, it receives praise. Inmates' commitment led to the International Yoga Book of Records. Their dedication showcases a journey towards holistic well-being, earning global recognition for their progress and enthusiasm.

### **Comprehensive Dental Care Camp for Inmates**

A dental camp treated 55 jail inmates and staff over three sessions, addressing various dental ailments and providing follow-up care.



### **Survey on Health and Wellness**

Volunteer Diya Mehra conducted a Health and Wellness survey with the Pondicherry prison inmates.



### **Self sustaining Jail Bakery & Canteen**

The jail bakery and canteen promote reformative activities within the prison. Products sold at low cost support self-sustainability and provide income, distributed to Pondicherry retailers.



### **Bridging Hope through Dance**

Alokananda Roy, Kolkata prison reformer, visited Puducherry Central Prison. As Women's Day guest, she danced with female inmates and staff.



# YOUTH & WOMEN ARCHITECTS OF A BETTER TOMORROW

*AuroYouth & Women's Council*

*The future of the nation and the world depends on the youth. It is their privilege to prepare themselves and to work with dynamism and sincerity for a happier world for all. AuroYouth is a launching platform to enable the youth to prepare for the new dawns of the future—an adventure into the realms of consciousness. It encourages youth to look deep within, realize their potential, explore topics of their interest and to become agents of change in their communities and builders of a better tomorrow.*

ALL INDIA YOUTH CAMP 2024  
**A New Dawn**

**Youth Camp**

AuroYouth, the youth wing of Sri Aurobindo Society, has been organizing camps in an effort to ignite a spark for growth and progress, in the light of the teachings of Sri Aurobindo and the Mother.



Took a walk, felt way more connected with nature.



Trying to zone in on focus, vibes, and emotions.



Fuel growth vibes, ignite progress flames!



30 km of cycling... pushing limits, feeling victorious!

# SRI AUROBINDO

## A New Dawn

A HAND-PAINTED ANIMATION FILM BY SRI AUROBINDO SOCIETY

We are happy to share that this Film since its release has garnered multiple accolades and awards.



Watch at [www.anewdawn.in](http://www.anewdawn.in)

1M+

VIEWERS ONLINE

23K+

VIEWERS THROUGH DIRECT SCREENINGS

### A UNIQUE YATRA!



The Auroville Foundation and Eager to Forge Ahead (ETFA – a group of aspirants from Orissa) are taking Sri Aurobindo's message of 15th August 1947, to Schools & Colleges, through a Unique Yatra! The ETFA team is on tour aboard a van, and has introduced Sri Aurobindo's vision to more than 8000+ students from 65 institutes in Maharashtra. The screening and post-screening interaction of the 28-minute hand-painted Animation Film 'Sri Aurobindo: A New Dawn' by Sri Aurobindo Society was an important medium through which this massive reach-out is taking place.



#### Salwan School Workshop

A brief youth camp weaved together to introduce students to the spiritual atmosphere of the city and the spiritual potential within.



#### Jaipuria School

This camp helped the students to become conscious of their inner Soul. They were guided to bring its influence on their physical, vital and mental beings and all activities of their life.

### WOMEN'S COUNCIL SEMINAR

Sri Aurobindo Society organized a three-day seminar on the Theme 'Surrender'. The seminar brought in all reflections and discussions of Surrender, in the light of the philosophy and writings of Sri Aurobindo and The Mother.



## MEDIA, ARTS & COMMUNICATIONS AT THE SERVICE OF BEAUTY & TRUTH

*Sri Aurobindo Centre for Arts and Communication (SACAC) & AuroMedia*

*Sri Aurobindo Centre for Arts and Communication (SACAC) empowers youth with professional skills in media, arts and communication, fostering excellence and deeper values. Media's influential role in shaping beliefs and fostering social change is harnessed positively by SACAC to enhance community development. AuroMedia preserves and presents significant cultural and spiritual content, aligning with Sri Aurobindo and the Mother's vision through documentaries, talks and archival materials.*



### Photography Study Tour

Students went on a study tour to Varanasi, for documentary photography. The tour culminated in a Photography Exhibition.



### Filmmaking Tour

Students attended a filmmaking workshop at Society House, Pondicherry, focusing on beach and nature themes.



### BEST SHORT DOCUMENTARY

*SOMEWHERE NEAR AND FAR / Kahin Door aur Paas | Director: Gurleen Grewal | Producer: Daljeet Wadhwa*

Exploring connection and solitude within and beyond a home, Gurleen Grewal's Somewhere Near and Far/ Kahin Door aur Paas navigates familial routines and quietness amidst a suburban Delhi setting, reflecting on shared intimacy in a newly established environment.



### Filming in Progress

The AuroMedia team operates drones, capturing stunning aerial footage, showcasing advanced techniques in modern cinematography.



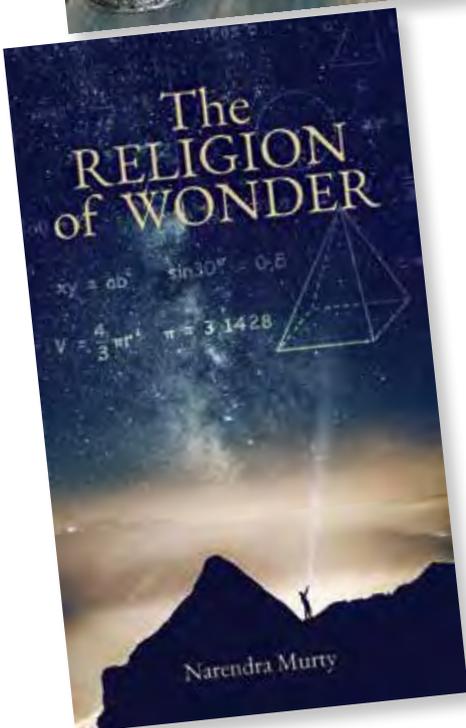
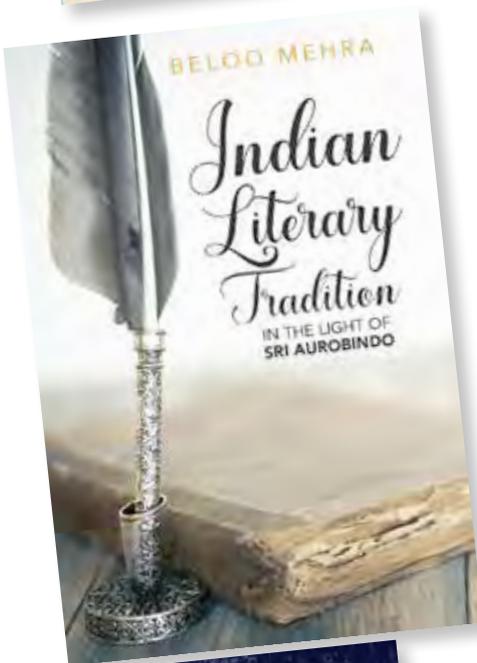
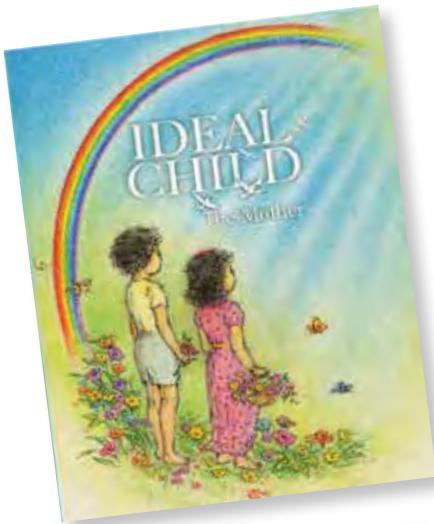
### Spotify Session Recording

An in-house artist is recording enriching recitations of poems by Sri Aurobindo and Ashram poets.



### Capturing Sound Excellence

The media team is immersed in an audio recording session, perfecting sound quality and technique for their latest project.



## BOOKS & AUDIOVISUALS

### POWERFUL THOUGHTS, INSPIRING VISION

*AuroPublications*

*World over, people search for sublime truths underlying existence, for ways of bringing joy, beauty and harmony in our lives. These rich and inspiring insights, learning, experiences and outlook on life have been expressed in various ways and forms, be it music, dance, literature, painting, sculpture, films and the arts.*

AuroPublications publishes spiritually themed books and creates multimedia and audiovisuals containing deep insights and values. There is a special focus on the Integral Yoga and the vision of Sri Aurobindo and the Mother. In recent times, we have made efforts to bring you a handful of e-books and audiobooks titles.

#### NEW RELEASES

*Ideal Child* (in English, Tamil & Hindi)

“Childhood is the symbol of the future and the hope of all the victories to come.”

What is the nature of an Ideal Child, or who is an Ideal Child who can create a new world of the future governed by truth, beauty, goodness and harmony?

*Ideal Child-The Mother* is a compilation of some very simple and practical writings of the Mother on what an Ideal Child should aspire to be.

*Indian Literary Tradition in the Light of Sri Aurobindo*

The objective of this outstanding book by Dr Beloo Mehra is to explore the progression of Indian literary tradition over thousands of years.

*The Religion of Wonder*

This book by Shri Narendra Murty explores the search for God beyond temples, rituals and scriptures, seeking answers to life's higher purpose.

#### NEW EDITIONS

1. *Veda of the Body*
2. *Baji Prabhou*
3. *Flowers and Their Spiritual Significance*
4. *Light for Students*

#### ALL INDIA MAGAZINE (AIM) BOOKLETS

1. *Auroville* (The City the Earth Needs) – Compilation by Dr Alok Pandey
2. *Pralaya* – Compilation by Dr Alok Pandey
3. *Truth*
4. *Transformation*
5. *How to Cultivate Concentration*

#### E-BOOKS

1. *Light for Students*
2. *Indian Literary Tradition in the Light of Sri Aurobindo*
3. *A Series of 10 Compilations from the Works of Sri Aurobindo and the Mother* (FREE)

#### AUDIOBOOKS

1. *A Call to the Youth of India*
2. *How to Bring Up a Child*
3. *Alaap – A Discovery of Indian Classical Music*
4. *Light of Lights – an Anthology of Spiritual Poetry* (FREE)

#### AUROPUBLICATIONS IS NOW ON SPOTIFY!

Listen to all the episodes from *Light of Lights – an Anthology of Spiritual Poetry* (ed. Vijay) featuring recitations of Sri Aurobindo's and Ashram Poets poems on Spotify!



**aura**  
experience  
store | books | journeys | events | cafe



Scan this code  
to shop from your device



## AURA EXPERIENCE STORE / BOOKS / JOURNEYS/ EVENTS / CAFÉ

*aspiration | unity | radiance | abundance*

*AURA Experience is an initiative of the Auroservice Trust, which works in close collaboration with SAS, encompassing a store selling exquisite and elegant handcrafted products, offering gourmet food, organizing unique travel experiences and memorable events.*



### AURA CAFÉ

Find pure bliss at the collaboration between AURA and Zuka, the distinctive chocolatier in Pondy. Situated on Pondy Beach Road, this outlet provides an ideal chance to savour delightful treats while basking in the tranquil atmosphere of the beach.



### AURA JOURNEYS

Their specialty lies in community-centric, culturally immersive excursions, including the popular Cycle Tour in Pondicherry and the Nurturing Artisans experience, fostering transformation and appreciation through local encounters.



### AURA EVENTS

In a resin art workshop, children collaborate with their parents to craft captivating space scenes like the Milky Way Galaxy or intricate 3D islands adorned with sandy beaches and rolling waves.

### AURA BOOKSTORE

Alongside an extensive selection of books on life and spirituality, this bookstore features comprehensive collections and compilations of the works of Sri Aurobindo and the Mother suitable for all ages.

### AURA STORE

A haven for diverse tastes, this store caters to every individual with its eclectic range of unique and masterfully crafted products.





## AUROSCHOOLS

AuroSchools prioritize sensitive, individualized, joyful and creative learning, with a focus on students' physical fitness, emotional wellness and mental growth. Our network spans 14 locations across India.

### LIST OF AUROSCHOOLS

- Aura Mirra International School (AMIS), Bengaluru
- Auro-Mirra Centre of Education, Patiala
- La Vision School, Ompuri
- Mirambika School For New Age, Bengaluru
- Mother's Children Preparatory School, Ranchi
- Sri Aurobindo Aspiration Convent School, Khandwa
- Sri Aurobindo Centre of New Education, Jodhpur
- Sri Aurobindo Divine Life Education Centre, Jhunjhunu
- Sri Aurobindo International School, Patiala
- Sri Aurobindo School of Integral Education, Chandigarh
- Sri Aurobindo Vidyalaya, Tirupati
- Sri Aurobindo Vidyamandir, Yalavatti
- Sri Matri Vidya Mandir, Ratlam
- The Auro School (TAS), Bengaluru



### The Auro School (TAS), Bengaluru

The Auro School (TAS), the newest member of the AuroSchools network, offers transformative integral education, fostering children's holistic development and their role as catalysts for positive change. TAS emphasizes critical thinking over memorization and active learning over passive methods, aligning with NEP-2020 recommendations for educational reform.



### Safeguarding Integral Education

SAFIER, the Integral Education wing of Sri Aurobindo Society, hosts regular workshops for AuroSchools' teachers, equipping them with hands-on techniques for daily interactions with children.

# BRANCHES & CENTRES



Nairobi



## GLOBAL COMMUNITY, DIVERSE ENDEAVOURS

Sri Aurobindo Society's branches and affiliated centres, both in India and abroad, serve as hubs for individual and collective sadhana, dedicated to the service of the Divine. Establishing a centre requires just 12 interested individuals. Without a rigid programme, these centres adapt their activities to meet inner needs, including meditations, talks, seminars, conferences, educational institutions, sports, performing arts, research programmes and teacher workshops. The essence lies in undertaking each activity as a path to self-development and a dedication to the Divine.

The Society has approximately 310 branches and centres in India and abroad, supported by individual members worldwide. Their diverse activities include meditation, study, seminars, conferences, exhibitions, cultural programmes, youth camps, educational workshops, schools, health programmes, art, handicrafts, farming, managing cottage industries and various group initiatives.



Heidelberg



Hesal



Rudrapur



Uttarakhand



Noida

## PARTNER ORGANIZATIONS & INSTITUTES

SAS works in collaboration with many Indian and international organizations, institutions and individuals. The relationships with some of these esteemed organizations span over several years, even decades. Some of the SAS Partners are as follows:



TATA SONS



TATA TRUSTS



HDFC BANK



SBI FOUNDATION



SBI FUNDS PRIVATE LIMITED



HEART VALVE BANK



GAIL



INDIAN OVERSEAS BANK



GRT JEWELLERS



CLUB MAHINDRA



ARVIND EYE HOSPITAL



TATA INSTITUTE OF SOCIAL SCIENCES (TISS)



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OSWAL FIBROTEX MILLS INDIA PRIVATE LTD.



MINISTRY OF EDUCATION



MINISTRY OF INFORMATION AND BROADCASTING



DEPARTMENT OF FORESTS AND WILDLIFE



DEPARTMENT OF SCIENCE AND TECHNOLOGY



HELPAge INDIA



DISTRICT RURAL DEVELOPMENT AGENCY (DRDA)



PUDUCHERRY POLLUTION CONTROL COMMITTEE



KARNATAKA STATE COUNCIL FOR SCIENCE &amp; TECHNOLOGY



ALL FOR WATER FOR ALL



ALLIANCE FOR GOOD GOVERNANCE



AURO UNIVERSITY



BEJON DESAI FOUNDATION



CAMBRIDGE UNIVERSITY PRESS



CENTRE FOR ENVIRONMENT EDUCATION



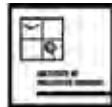
INDIAN INSTITUTE OF TECHNOLOGY MADRAS



INSPA ROBOTICS



INTACH PONDICHERRY



INSTITUTE OF PALLIATIVE MEDICINE (IPM)



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION & RESEARCH (JIPMER)



JOY OF LEARNING FOUNDATION



LITCHI KNOWLEDGE CENTRE



LIVING WATERS MUSEUM



KAILASH SCHOOL OF EXCELLENCE NAMAKKAL



NATIONAL COUNCIL OF TEACHERS EDUCATION



DEPARTMENT OF SCIENCE & TECHNOLOGY



NATIONAL HUMAN RESOURCE FOUNDATION



MISSION BETTER TOMORROW



PONDICHERRY UNIVERSITY



SRI RAMAJAYAM TRUST



SWAMI VIVEKANANDA RURAL COMMUNITY COLLEGE



SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA



THE STUDY L'ÉCOLE INTERNATIONALE

## VISIONARIES OF THE NEXT FUTURE

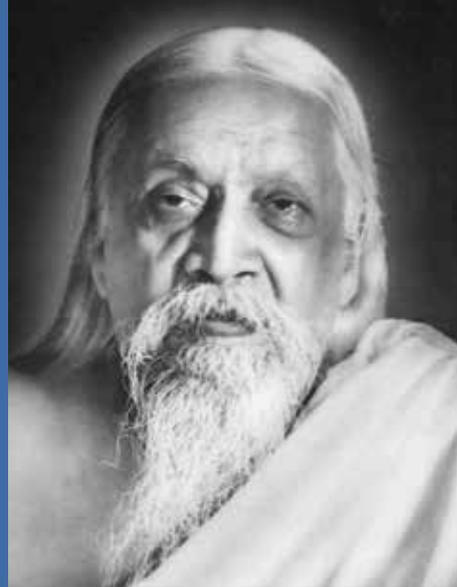


### THE MOTHER

Mirra Alfassa, known as the Mother, came from France and joined Sri Aurobindo in Pondicherry in 1914. Together they laid the foundation and took up the task of building a new world, a new society that strives to express and embody the new consciousness, which Sri Aurobindo called the "Supramental".

It is a collective ideal that calls for a collective effort for its realization, in every field of human activity.

The Mother is the Founder President of Sri Aurobindo Society.



### SRI AUROBINDO

Poet, revolutionary, philosopher, rishi and yogi, Sri Aurobindo was one of the leaders of the freedom movement, who strove for India's complete independence. He came to Pondicherry in 1910 to pursue the Integral Yoga, which aims at a synthesis of Spirit and Matter, at Human Unity in a rich diversity and a total transformation of this earthly life into Divine life.

Sri Aurobindo Society is named after Sri Aurobindo and draws its inspiration from his vision.

*To know is good,  
to live is better,  
to be, that is perfect.*



Sri Aurobindo Society motto given by the Mother

*"I felt the utterance of the ancient Rishis spoke from him of that equanimity  
which gives the human Soul its freedom of entrance into the All.  
I said to him, "You have the word and we are waiting to accept it from you.  
India will speak through your voice to the world,  
Hearken to me ... O Aurobindo, accept the salutations from Rabindranath."*

RABINDRANATH TAGORE, Nobel Laureate, India

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*"[Sri] Aurobindo Ghose, the foremost of Indian thinkers, has realised  
the most complete synthesis achieved up to the present between the genius of the West and the East.  
The last of the great Rishis holds in his outstretched hands the bow of Creative Impulse."*

ROMAIN ROLLAND, Nobel Laureate, France

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*"In my undergraduate days Aurobindo Ghose was easily the most popular leader in Bengal.  
His was a name to conjure with... Rarely have I seen people speak of a leader with  
such rapturous enthusiasm. We felt convinced that spiritual enlightenment  
was necessary for effective national service."*

SUBHAS CHANDRA BOSE, Indian Freedom Fighter,  
Founder of the Indian National Army (INA)

---

*"Sri Aurobindo, the Master, the highest of mystics, happily presents the rare phenomenon,  
an exposition clear as a beautiful diamond, without the danger of confounding the layman.  
This is possible because Sri Aurobindo is a unique synthesis of a scholar,  
theologian and one who is enlightened..."*

GABRIELA MISTRAL, Nobel Laureate, Chile

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*"I have never known a philosopher so all-embracing in his metaphysical structure as Sri Aurobindo,  
none before him had the same vision."*

FREDERIC SPIELBERG, Professor, Stanford University

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*Soar ever higher, ever farther,  
without fear or hesitation!  
The hopes of today are the realisations of tomorrow.*

THE MOTHER

*An outer activity as well as an inner change is needed and it must  
be at once a spiritual, cultural, educational, social and economical  
action. Its scope, too, will be at once individual and communal,  
regional and national, and eventually a work not only for the  
nation but for the whole human people.*

SRI AUROBINDO



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